

HOPE

"Here is a plain statement to men, a guidance and instruction to those who fear God. So lose not heart, nor fall into despair: For ye must gain mastery if ye are true in Faith". (3:138-139)

PATIENCE

"Seek (God's) help with patient perseverance and prayer: It is indeed hard, except to those who are humble, who bear in mind the certainty that they are to meet their Lord, and that they are to return to Him". (2:45-46)

"Pray for help from God, and (wait) in patience and constancy: for the earth is God's, to give as a heritage to such of His servants as He pleaseth; and the end is (best) for the righteous". (7:128)

PERSEVERANCE

"On no soul doth God place a burden greater than it can bear. It gets every good that it earns, and it suffers every ill that it earns". (2:286)

DISCIPLINE

"Bow down, prostrate yourselves, and adore your Lord; and do good; that ye may prosper. And strive in His cause as ye ought to strive, (with sincerity and under discipline)". (22:77-78)

SELF-RESTRAINT

"[Do not follow] the lust (of thy heart), for it will mislead thee from the Path of God". (38:26)

"For such as had entertained the fear of standing before their Lord's (tribunal) and had restrained (their) soul from lower desires, their abode will be the Garden". (79:40-41)

BALANCE / MODERATION

"Fight in the cause of God those who fight you, but do not transgress limits; for God loveth not transgressors". (2:190)

"Commit no excess: for God loveth not those given to excess". (5:87)

PRUDENCE

"When ye deal with each other, in transactions involving future obligations in a fixed period of time, reduce them to writing... whether it be small or big; it is juster in the sight of God, more suitable

as evidence, and more convenient to prevent doubts among yourselves". (2:282)

UNITY

"Hold fast, all together, by the Rope which God (stretches out for you), and be not divided among yourselves; and remember with gratitude God's favor on you; for ye were enemies and He joined your hearts in love, so that by His Grace, ye became brethren". (3:103)

FRUGALITY

Eat not up your property among yourselves in vanities". (4:29)

"Waste not by excess: for God loveth not the wasters". (6:141)

SINCERITY

"God will never change the grace which He hath bestowed on a people until they change what is in their (own) souls". (8:53)

"Woe to the worshippers... who (want but) to be seen". (107:4-6)

RESPONSIBILITY

"Whoever recommends and helps a good cause becomes a partner therein: And whoever recommends and helps an evil cause, shares in its burden". (4:85)

LOYALTY

"Fulfill (every) engagement, for (every) engagement will be inquired into (on the Day of Reckoning)". (17:34)

TRUSTWORTHINESS

"If one of you deposits a thing on trust with another, let the trustee (faithfully) discharge his trust, and let him fear God". (2:283)

"God doth command you to render back your trusts to those to whom they are due". (4:58)

HONESTY / FAIR-DEALING

"Cover not Truth with falsehood, nor conceal the Truth when ye know (what it is)". (2:42)

"Take not your oaths, to practice deception between yourselves". (16:94)

"Woe to those that deal in fraud, - Those who, when they have to receive by measure from men, exact full measure, but when they have to give by measure or weight to men, give less than due". (83:1-3)

REPENTANCE

"Seek ye the forgiveness of your Lord, and turn to Him in repentance; that He may grant you enjoyment, good (and true), for a term appointed ". (11:3)

SPIRITUALITY

"Behold! In the creation of the heavens and the earth, and the alternation of night and day, - there are indeed Signs for men of understanding, - Men who celebrate the praises of God, standing, sitting, and lying down on their sides, and contemplate the (wonders of) creation in the heavens and the earth, (with the thought): 'Our Lord! Not for naught hast Thou created (all) this! Glory to Thee!'" (3:190-191)

"Establish regular prayer: for prayer restrains from shameful and evil deeds; and remembrance of God is the greatest (thing in life) without doubt". (29:45)

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"Strive as in a race in all virtues.
The goal of you all is to God"
(Quran Translation 5:48)

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IN THE NAME OF GOD, MOST GRACIOUS, MOST MERCIFUL

There is no better way to learn about Islam than to read the Holy Quran and to observe the practices of a *devout* Muslim. Unfortunately, the many stereotypes, misconceptions, & misrepresentations prevalent today serve as a great barrier that prevent non-Muslims from understanding the truth about Islam. Lack of access to an English translation of the Quran and, moreover, to a knowledgeable Muslim who represents Islam well may also be factors. Therefore, it is a hope that this pamphlet will assist those who desire to know exactly what the Quran teaches and how a practicing Muslim is *supposed* to act.

The Holy Quran, the revelation given to Prophet Muhammad almost 1400 years ago, is an instruction book for people of all times and all places as to how one can live their life correctly. It contains therein, among other things, the qualities that one should adopt in order to please the Creator and to obtain true peace on Earth. The ultimate result from a sincere striving towards such qualities would be the fulfillment of the human being's purpose in this life (submission to the One God) and the attainment of the reward in the next life.

This brief work is meant to convey the moral standard by which the conscious Muslim lives his or her life according to. These moral teachings have been extrapolated from the Holy Quran; a book which Muslims believe is the final revelation of the Creator to His creation. Muslims use this book as a standard for correct faith and action because they have a firm belief that the Creator knows what is best for His creation. In the Holy Quran, God says, "Verily this Quran doth guide to that which is most right" (17:9). Muslims believe that only when humanity believes in the One God and sincerely follows the teachings of this divine book, will all the problems of the world then be solved.

RIGHTEOUSNESS

"Do no evil nor mischief on the face of earth". (2:60)

"Let there arise out of you a band of people inviting to all that is good, enjoining what is right, and forbidding what is wrong". (3:104)

GENEROSITY

"Give of the good things which ye have (honorably) earned and of the fruits of the earth which we have produced for you". (2:267)

"By no means shall ye attain righteousness unless ye give (freely) of that which ye love". (3:92)

GRATITUDE

"Eat of the good things that We have provided for you, and be grateful to God". (2:172)

"Show gratitude to Me and to thy parents: to Me is (thy final) Goal". (31:14)

CONTENTMENT

"In no wise covet those things in which God hath bestowed His gifts more freely on some of you than on others: to men is allotted what they earn, and to women what they earn: but ask God of His bounty". (4:32)

HUMILITY

"Call on your Lord with humility and in private: for God loves not those who trespass beyond bounds". (7:55)

"The servants of (God) Most Gracious are those who walk on the earth in humility, and when the ignorant address them, they say, 'Peace!'" (25:63)

"Swell not thy cheek (for pride) at men, nor walk in insolence through the earth; for God loveth not any arrogant boaster". (31:18)

KINDNESS

"God loveth those who are kind". (5:13)

"Be kind to parents. Whether one or both of them attain old age in thy life, say not to them a word of contempt, nor repel them, but address them in terms of honor. And, out of kindness, lower to them the wing of humility, and say: 'My Lord! Bestow on them Thy Mercy even as they cherished me in childhood.'" (17:23-24)

COURTESY

"When a (courteous) greeting is offered you, meet it with a greeting still more courteous, or (at least)

of equal courtesy. God takes careful account of all things". (4:86)

"Let not some men among you laugh at others: it may be that the (latter) are better than the (former): nor let some women laugh at others: it may be that the (latter) are better than the (former): nor defame nor be sarcastic to each other, nor call each other by (offensive) nicknames". (49:11)

PURITY

"Eat of what is on earth, lawful and good; and do not follow the footsteps of the Satan, for he is to you an avowed enemy". (2:168)

"[God] loves those who keep themselves pure and clean". (2:222)

GOOD SPEECH

"Say to My servants that they should (only) say those things that are best: for Satan doth sow dissensions among them". (17:53)

"[The believers] have been guided... to the purest of speeches". (22:24)

RESPECT

"Say to the People of the Book and to those who are unlearned: 'Do ye (also) submit yourselves?' If they do, they are in right guidance, but if they turn back, thy duty is to convey the Message". (3:20)

"Avoid suspicion as much (as possible): for suspicion in some cases is a sin: and spy not on each other, nor speak ill of each other behind their backs. Would any of you like to eat the flesh of his dead brother?" (49:12)

WISDOM

"Invite (all) to the Way of thy Lord with wisdom and beautiful preaching; and argue with them in ways that are best and most gracious". (16:125)

TOLERANCE

"Say: 'O People of the Book! come to common terms as between us and you: That we worship none but God; that we associate no partners with Him; that we erect not, from among ourselves, lords and patrons other than God.' If then they turn back, say ye: 'Bear witness that we (at least) are Muslims (bowing to God's Will).'" (3:64)

JUSTICE

"Stand out firmly for justice, as witnesses to God, even as against yourselves, or your parents, or your kin, and whether it be (against) rich or poor: for God can best protect both. Follow not the lusts (of your hearts), lest ye swerve". (4:135)

MERCY

"Overlook (any human faults) with gracious forgiveness". (15:85)

"Repel (Evil) with what is better: then will he between whom and thee was hatred become as it were thy friend and intimate!" (41:34)

"The recompense for an injury is an injury equal thereto (in degree): but if a person forgives and makes reconciliation, his reward is due from God: for (God) loveth not those who do wrong". (42:40)

DIGNITY

"To those against whom war is made, permission is given (to fight), because they are wronged". (22:39)

"If any do help and defend themselves after a wrong (done) to them, against such there is no cause of blame". (42:41)

COURAGE

"(It is) for those who believe... when an oppressive wrong is inflicted on them, (are not cowed but) help and defend themselves". (42:36-39)

FIRMNESS

"How many of the Prophets fought (in God's way), and with them (fought) large bands of godly men? But they never lost heart if they met with disaster in God's way, nor did they weaken (in will) nor give in. And God loves those who are firm and steadfast". (3:146)

"Bear with patient constancy whatever betide thee; for this is firmness (of purpose) in (the conduct of) affairs". (31:17)

FRANKNESS

"Fear God, and make your utterance straight forward: That He may make your conduct whole and sound". (33:70-71)